

PATENT

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Matthew Ashenden )  
Serial No.: TO BE ASSIGNED ) Examiner: Not Yet Assigned  
Filed: HEREWITH ) Art Unit: Not Yet Assigned  
For: **APPARATUS FOR REDUCING STRESS** )  
Atty. Dkt. No.: 7149-101D1 )  
\_\_\_\_\_ )

**PRELIMINARY AMENDMENT**

CERTIFICATE OF MAILING UNDER 37 C.F.R. 1.10

I hereby certify that this correspondence is being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 in an envelope addressed to: Mail Stop Patent Application, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450 on the date shown below.

Date: August 20, 2003

  
Linda J. Werk

August 20, 2003  
865 South Figueroa Street, 29th Floor  
Los Angeles, California 90017-2576

Mail Stop Patent Application  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Sir:

Preliminarily to action in the subject application, please amend the above-identified application as follows:

**Amendments to the title** are reflected on page 2 of this paper.

**Amendments to the specification** are reflected on page 3 of this paper.

**Amendments to the Claims** are reflected in the listing of claims which begins on page 4 of this paper.

**Amendments to the Title:**

Please replace the title with the following amended title:

~~METHOD AND APPARATUS FOR REDUCING STRESS~~